

Weeks Starting: 15th April, 6th May, 3rd June, 24th June, 15th July, 9th September, 30th September, 21st October



### Monday

### Option 1

Cheese and Tomato Pizza with Potato Wedges

### Option 2

Cheese and Five Bean Tomato Pasta

#### Option 3

Cheese / Tuna / ham Wrap

#### Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

**Dessert:** 

Chocolate

Cookie

# Tuesday

#### Option 1

Pork Sausages with Creamed Potato and Gravy

### Option 2

Quorn Sausage with Creamed Potato and Gravy

### Option 3

Jacket potato with cheese &/or beans

#### Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

#### **Dessert:**

Fresh Dairy Yoghurt

### Wednesday

#### Option 1

Roast Chicken with Roast Potatoes and Gravy

#### Option 2

Roasted Vegetable Parcel with Roast Potatoes and Gravy

#### Option 3

Tomato pasta

### Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

#### Dessert:

Fresh Fruit Salad with Crème Fraiche

## **Thursday**

#### Option 1

Chicken Korma Curry with Rice

#### Option 2

Oriental Vegetable **Noodles** 

#### Option 3

Jacket potato with cheese &/or beans

#### Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

# Friday

#### Option 1

Harry Ramsden's Fish with Oven Chips

#### Option 2

Garden Vegetable Goujons with Oven Chips

### Option 3

Cheese / Tuna / ham Wrap

### Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

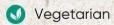
### **Dessert:**

Cream

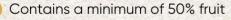
Apple Sponge with Custard

Dessert: 🦪

Vanilla Ice













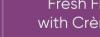














Weeks Starting: 22nd April, 13th May, 10th June, 1st July, 22nd July, 16th September, 7th October



### Monday

Option 1

Vegan Sausage Roll with Potato Wedges

Option 2

Potato, Leek and Cheese Pie

Option 3

Cheese / Tuna / ham Wrap

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

# **Tuesday**

Option 1

Chicken and Sweetcorn Meatballs in Tomato Sauce with Spaghetti

Option 2

**BBQ** Meat Free Meatballs with Spaghetti

Option 3

Jacket potato with cheese &/or beans

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

# Wednesday

Option 1

Roast Gammon with Roast Potatoes and Gravy

Option 2

Glamorgan Sausage with Roast Potatoes and Gravy

Option 3

Tomato pasta

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert: 🚺 👸

Chilled Melon Slice

## **Thursday**

Option 1

Fruity Caribbean Chicken with Rice

Option 2

Caribbean Quorn Fajitas

Option 3

Jacket potato with cheese &/or beans

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

Friday

Option 1

Fish Fingers with Oven Chips

Option 2

Cheese and Tomato Pizza Swirl with Oven Chips

Option 3

Cheese / Tuna / ham Wrap

Vegetable:

Seasonal Vegetables, Salad Bar, Fresh Bread

**Dessert:** 1 **Dessert:** 

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Twin Ice Lolly

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Chocolate Sponge

Dessert:

Shortbread Biscuit with Fresh Fruit Slices Dessert:

Fresh Dairy Yoghurt

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Vegetarian

with Chocolate Sauce



Contains a minimum of 50% fruit



Weeks Starting:
29th April, 20th May,
17th June, 8th July,
2nd September, 23rd September,
14th October

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### Monday

Option 1

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Mediterranean Tomato Pasta

Option 2

Mediterranean Vegetables with Couscous

Option 3

Cheese / Tuna / ham Wrap

Vegetable

Seasonal Vegetables, Salad Bar, Fresh Bread

**Dessert:** 

Fresh Dairy Yoghurt Tuesday

Option 1

Italian Style Chicken Goujons with Oven Chips

Option 2

Southern Style Quorn Burger with Oven Chips

Option 3

Jacket potato with cheese &/or beans

Vegetable

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert: 🕠

Banana Sponge with Custard

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravy

Option 2

Vegan Sausage Cutlet with Roast Potatoes and Gravy

Option 3

Tomato pasta

Vegetable

Seasonal Vegetables, Salad Bar, Fresh Bread

Dessert: 🕥

Orange and Mandarin Jelly with Crème Fraiche Thursday

Option 1

Beef Lasagne

Option 2

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Vegetable Lasagne

Summer

Option 3

Jacket potato with cheese &/or beans

Vegetable

Seaspnal Vegetables, Salad Bar, Fresh Bread

**Dessert:** 

Lemon Shortbread Biscuit Friday

Option 1

Harry Ramsden's Fish with Oven Chips

Option 2

Vegetable Fingers with Oven Chips

Option 3

Cheese / Tuna / ham Wrap

Vegetable

Seasonal Vegetables, Sålad Bar, Fresh Bread

**Dessert:** 

Raspberry Ripple Vanilla Ice Cream Sponge Roll

