

Thorpe Lea

Date 31st Aug, 21st Sep, 12th Oct, 2nd Nov, 23rd Nov,
14th Dec, 4th Jan, 25th Jan, 15th Feb

WEEK 1

MONDAY

Handmade Margherita Pizza with Wedges (GL,MI)
BBQ Quorn Fillet with Wedges (GL)

Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)

Ice Cream (MI) or Fresh Fruit

TUESDAY

Chicken Meatballs with Tomato & Basil Sauce & Rice
Vegan Meatballs with Tomato & Basil Sauce & Rice (SO)

Wrap – Cheese (GL,MI), Ham, Tuna (FI)

Lemon Drizzle Cake (GL,SU) or Fresh Fruit

WEDNESDAY

Roast Gammon with Potatoes & Gravy
Vegan Glamorgan Sausage with Potatoes & Gravy (GL)

Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)

Fruity Shortbread (GL) or Fresh Fruit

THURSDAY

Pastry Topped Chicken Pie with Sauté Potatoes (GL,MI)
Pantry Tomato sauce & Cheese, Pinwheel, Sauté Potatoes (GL,MI)

Wrap – Cheese (GL,MI), Ham, Tuna (FI)

Vegan Fruit Jelly or Fresh Fruit

FRIDAY

Breaded Fish Fingers with Chips & Beans (GL,FI)
Veggie Fingers with Chips & Beans (GL)

Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)

Chocolate Cookie (GL) or Fresh Fruit

Date 7th Sep, 28th Sep, 19th Oct, 9th Nov,
30th Nov, 21st Dec, 11th Jan, 1st Feb, 22nd Feb

WEEK 2

Mac n Cheese (GL,MI)
Sticky BBQ Vegetable Noodles (GL,SO)

Wrap – Cheese (GL,MI), Ham, Tuna (FI)

Apple & Raisin Biscuit (GL) or Fresh Fruit

Mild Beef Chilli with Rice (GL)
Mild Veggie Chilli with Rice (SO)

Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)

Apple Crumble Cake with Custard (GL,MI) or Fresh Fruit

Roast Chicken Breast with Potatoes & Gravy
Quorn roast with Potatoes & Gravy (EG,MI,SU)

Wrap – Cheese (GL,MI), Ham, Tuna (FI)

Strawberry Mousse Pots (MI) or Fresh Fruit

BBQ Chicken breast with Tater Tots
Handmade Margherita Pizza with Tater Tots (GL,MI)

Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)

Vanilla Cookie (GL) or Fresh Fruit

Crispy Chicken Bites with Chips & Beans (GL)
Crispy Vegan Nuggets with Chips & Beans (GL)

Wrap – Cheese (GL,MI), Ham, Tuna (FI)

Super Oaty Flapjack (GL) or Fresh Fruit

Date 14th Sep, 5th Oct, 26th Oct, 16th Nov
7th Dec, 28th Dec, 18th Jan, 8th Feb

WEEK 3

Handmade Margherita Pizza with Wedges (GL,MI)
Veggie Pasta Bake (GL,MI)

Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)

Caramel Whip (MI) or Fresh Fruit

Chicken Korma with Steamed Rice
Cheesy Baked Bean Quesadilla with Rice (GL,MI)

Wrap – Cheese (GL,MI), Ham, Tuna (FI)

Marble Cake with Custard (GL,MI) or Fresh Fruit

Pork Sausage Roast with Potatoes & Gravy (GL,SO,SU)
Veggie Sausage Roast with Potatoes & Gravy (SO)

Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)

Oaty Biscuit (GL) or Fresh Fruit

Beef Pasta Bolognese (GL)
Cheesy Pasta (GL,MI)

Wrap – Cheese (GL,MI), Ham, Tuna (FI)

Vegan Mandarin Jelly or Fresh Fruit

Oven Baked Battered Fish with Chips & Beans (GL,FI)
Handmade Cheese & Onion Pasty with Chips & Beans (GL,MI)

Jacket Potatoes – Cheese (MI), Beans or Tuna (FI)

Iced Sprinkle Sponge (GL) or Fresh Fruit

VEGETABLES, SALAD, BREAD, AVAILABLE DAILY

BREAD CONTAINS – GL – MI – EG – SO

ALLERGY KEY
CELERY – CE / GLUTEN – GL / CRUSTACEANS – CR / EGGS – EG / FISH – FI / LUPIN – LU / MILK – MI
MOLLUSCS – MO / MUSTARD – MU / NUTS – NU / PEANUTS – PE / SESAME SEEDS – SE / SOYA – SO / SULPHUR – SU

The Pantry are committed to improving the standards of children's meals across every one of our Schools, and fresh, ethically sourced ingredients are used every day across our kitchens.

The Pantry